

Elite Team Academy-

This group is reserved for the top tier of players in the area focused on what it takes to play at the next level! We will use the most advanced training techniques available dealing with modern stroke technique, goal setting, nutrition, sport psychology, Video analysis, match analysis, and fitness training to help our players reach their potential. Players are expected to participate in the Iowa Endorsements, MV Futures, and MV Supers where qualified.

Monday Training	4:00 – 6:00 PM
Wednesday Training	4:00 – 6:00 PM
Saturday Training	1:00 – 3:30 PM
Sunday Training	1:30 – 3:30 PM

Full Session:	\$ 350/ Month
2 Days/week:	\$ 225/Month
Daily Drop-in	\$20/hour

Futures Team Academy-

We will focus on learning the modern game of tennis. Players will master the correct technique and footwork for all shots, as well as focusing on match play strategies! Players in this group should be playing 3-4 tournaments each year.

Tuesday Training	4:00 – 6:00 PM
Thursday Training	4:00 – 6:00 PM
Sunday Training	3:30 – 5:30 PM

Full Session:	\$ 275/Month
2 Days/week	\$ 225/Month
1 Day/week	\$ 140/Month
Daily Drop-in	\$ 20/hour

Champions Team Academy-

This class is for children who have had limited playing experience. In this Class all players will learn advanced stroke techniques, score keeping, and match play strategies. The goal of this clinic will be to get the players involved in 1-2 tournaments for match experience.

Thursday	6:00 – 7:30 PM
Sunday	12:00 – 1:30 PM

2 Days/week	\$150/Month
1 Day/week	\$90/Month
Daily Drop-in	\$20/hour

All players in the academy programs must be approved by the Tennis Director!
 Contact Ryan Roeth at ryanroeth@amestennis.com for more information!

Sessions:
 September / October / November / December / January / February / March / April / May

Name: _____ Parents Name: _____ Date: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone #: _____ Email: _____ Age: _____

Payment Method & Total: Account #: _____ Cash/Ck: _____ Credit Card: _____